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# Adult Development And Aging



## **Synopsis**

Written within a bio-psychosocial framework, Cavanaugh and Blanchard-Fields' best-selling book covers the specific ages-stages of adult development and aging. In its unparalleled coverage of current research and theory, the authors draw clear connections between research and application. The book's focus on "positive aging" and the gains and losses people experience across adulthood distinguish it from its competitors.

## **Book Information**

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## **Customer Reviews**

Of all the textbooks I purchased for my undergraduate degree, this is one of few that I actually read, almost in its entirety. I learned so much about aging from this book and my eyes were opened to many things I should take more seriously about my health and working with the elderly. I enjoyed the set up of each chapter--each chapter begins with real life examples of people related to the issues/concepts of the chapter. It was required, but it was also very useful. I still sometimes wish that I had not sold it back at the end of the semester.

Bought for a class, and while I did find the topics interesting, this book was fairly far from that. For such a hefty price you assume that writing quality would reflect that and authors would discuss topics at a deeper level, unfortunately that was not the case. The writing was extremely repetitive and the authors danced around topics instead of diving into them. Would not recommend.

It is a text book, but any one who has an elderly parent needs to buy this book

This book, like many other textbooks, was long and packed full of information. I don't know about you, but being forced to read chapter after chapter in x-amount of short days is stressful. While I certainly don't remember everything I read, I did leave my course with greater knowledge on the subject. I grew a little more because of this book.

Had to get this for a college class. It got the job done.

As far as textbooks go, this one is pretty great. It covers a surprising amount of information and is surprisingly fascinating. I really enjoy reading it!

Had to use this book for school and it did its job but it was not the most interesting book.

I'm very surprised to see as many people praising this book as there are. This is the least well-written textbook I have ever read, and I'm in my final year of undergraduate studies. There are so many contradictions in this book and the voice and style sounds like it was written by someone with much lower credentials than this author. It's very difficult for me to get through this book.

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